

## Soups/ Salads/ Small Plates

**Mixed Greens**  
toasted pistachios, dried blueberries  
& poppy seed vinaigrette.....9

**Classic Caesar**  
crispy parmesan, romaine, wontons & caesar dressing.....9  
with grilled chicken.....12

**Sweet & Sour Calamari**  
asian slaw, cilantro & wasabi aioli.....9

**Pan Roasted Crab Cake**  
baby arugula, frisee, cucumbers & mustard sauce.....7

**Lobster & Mushroom Bisque**.....sm/4.....lg/7

**Thai Peanut Soup**  
cillantro creme fraiche, toasted chili oil.....sm/4.....lg/6

## Entree Salads

**Grilled Shrimp Salad**  
tortilla, chopped avocado, apple, goat cheese  
& chipotle-orange dressing.....12

**Oriental Chicken Salad**  
tender lettuce, scallions, peppers, & toasted almonds.....10

**Pine Nut Crusted Salmon Salad**  
baby spinach, shaved pear, crumbled feta cheese  
& red wine vinaigrette.....12

**Grilled Butcher Steak Salad**  
chopped romaine, baby bibb, spiced walnuts  
green beans & blue cheese dressing.....14

## Simple Seafood choose a fish, one side & sauce

**Idaho Brook Trout**.....11  
**Scottish Salmon**.....13  
**Ahi Tuna**.....15  
**Crab Cake**.....15  
**Coastal Shrimp**.....12

|                             |                             |
|-----------------------------|-----------------------------|
| <b>Japanese Ponzu Sauce</b> | <b>Fingerling Potatoes</b>  |
| <b>Soy Butter</b>           | <b>Garlic Potato Puree</b>  |
| <b>Lemon Vinaigrette</b>    | <b>Steamed Jasmine Rice</b> |
| <b>Thai Peanut Sauce</b>    | <b>Baby Bok Choy</b>        |
| <b>Peppercorn Sauce</b>     | <b>Mushrooms</b>            |
| <b>Lemon Butter Sauce</b>   | <b>Baby Green Bean</b>      |

# Winter Lunch

January 2012

## Sandwiches/Staples

**Chefs Daily Fresh Catch Seafood**.....AQ

**Grilled Chicken Club**  
peppercorn bacon, tomato, lettuce, baby pickles & multigrain bread.....12

**Pan Seared Crab Cake Sandwich**  
frisee, apple, arugula & romesco sauce.....15

**Upstream Fish & Chips**  
crispy fresh fish, french fries, tartar sauce & malt vinegar.....12

**Pecan Crusted Brook Trout**  
whipped potatoes, tiny green beans, peach chutney.....11

**Blackened Tuna Sandwich**  
baby arugula, daikon sprouts & cilantro aioli.....16

**Cast Iron Mussel Pot**  
smoked tomatoes, garlic & white wine.....11

*Sandwiches served with choice of fries or house made chips*

## Burgers/Bentos/Bowls

**Tempura Shrimp Noodle Bowl**  
glass noodles, mint, lemon grass, chile, snow peas & mussels.....12

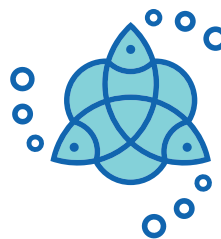
**Thai Beef Noodle Bowl**  
soba noodles, local mushrooms, stir-fried vegetables.....14

**Atlantic Salmon Bento**  
seared salmon, robata grilled salmon skewers, jasmine rice  
& cucumber salad.....11

**Hawaiian Ahi Tuna Bento**  
sesame crusted seared tuna with ponzu, robata grilled  
tuna skewers, shiitake rice & cucumber salad.....14

**Grilled Angus Burger**  
smoked gouda, mustard aioli, fried egg & crispy onions.....12

**American Wagyu Burger**  
maple bacon, white cheddar, smoked tomato aioli.....14



Proprietor - Ken Higgins

Sous Chef - Aaron Hiner  
Sous Chef - Cheresse Wilson

## Oyster & Sushi Bar

|                              |                        |
|------------------------------|------------------------|
| East Coast...2.25 each       | West Coast...2.25 each |
| Gulf Coast...1.50 each       | Oyster Sampler...14    |
| Chilled Shrimp Cocktail...12 |                        |

## Maki Rolls & Nigiri

**Maki Rolls**  
(six pieces per order)  
Tuna Roll.....6  
Salmon & Jalapeno...6  
Shrimp & Avocado...6  
Salmon Roll.....6  
Eel & Cucumber...1...7

**Temaki Hand Roll**  
(soy paper)  
Spicy Tuna Hand.....8  
Dragon Roll.....7  
Spider Hand Roll ....9  
Spicy Salmon.....7

**Nigiri**  
(two pieces per order)  
Tuna (Maguro)...7  
Yellowtail...10  
Pepper Tuna...7  
Sea Bass(Suzuki)...7  
Salmon (Sake)...5  
Smoked Salmon (Kunsei)...6  
Eel (Unagi)...7  
Shrimp (Ebi)...5  
Flying Fish Roe(soy paper)...5

**Sushi Bento...20**  
beef tataki chirashi, ahi poki,  
hawaiian & salmon hand roll

## Specialty Rolls

Philly Roll-smoked salmon, cream cheese, scallion.....8  
Spicy Tuna Roll-chopped tuna, scallion, tobiko, spicy sauce.....9  
Spicy Salmon Roll-chopped salmon, scallion, tobiko, spicy sauce...8  
Upstream Roll-crab, avocado, cucumbers, flying fish roe.....9  
Veggie Roll-avocado, asparagus, cucumber, peppers, mango.....7  
Queen City Roll-lobster tail, spicy tuna, avocado, soy paper.....15  
Waie Mai-crab, cream cheese, mango, tuna, wrapped & fried.....12  
Surf & Turf-shrimp tempura, cucumber, asparagus, seared beef....14  
Super Crunch Roll-shrimp, avocado, tuna, crab, tempura crunch..13  
Spicy Hawaiian Tuna Roll-peppered tuna, asparagus, mango.....8  
Flaming Salmon Roll-salmon, asparagus, peppers, radish sprouts...8  
Shrimp Tempura Roll-fried shrimp, cucumber, flying fish roe.....8  
Dragon Roll-bbq eel, crunchy shrimp, avocado, asparagus.....12  
Spider Roll-soft shell crab, avocado, cucumber.....13  
Firecracker Roll-calamari, peppers, avocado.....7  
Lobster Tail Tempura-lobster, cucumber, wasabi.....12  
Tuna Tuna Tuna-seared, rolled, chopped.....15  
Rainbow Roll-assorted fish, avocado, green bean, peppers.....13  
Alaskan Roll-smoked salmon, shrimp, crab, avocado.....11  
California Roll-crab, avocado, cucumbers.....8