

GLUTEN FREE MENU 2010

HARPER'S®

RESTAURANT

Locally owned and operated for over 20 years

STARTERS AND SMALL SALADS

HARPER'S DIPPING TRIO 7

Betty's Pimento Cheese™, three cheese spinach dip, wood-fired salsa
Served with warm corn tortilla chips

HOUSE POTATO CHIPS 7

Quick fried hot potato chips with Danish Blue cheese sauce and crumbles, scallions

HOUSE STARTER SALAD 4

Served with your choice of our great house made gluten free salad dressings:
Danish Blue Cheese, Creamy Garlic, Herb Vinaigrette, Thousand Island, Mustard Honey
Please ask for no croutons

CAESAR STARTER SALAD 4

Tossed in our house made gluten free Caesar dressing
Please ask for no croutons

BIG SALADS

HARPER'S HOUSE SALAD 7

Served with your choice of our great house made gluten free salad dressings:
Danish Blue Cheese, Creamy Garlic, Herb Vinaigrette, Thousand Island, Mustard Honey
Please ask for no croutons and no bread add grilled shrimp 12

CAESAR SALAD 7

Tossed in our house made gluten free Caesar dressing
Please ask for no croutons and no bread add grilled shrimp 12

GRILLED CHEF SALAD 10

Mixed greens, queso cheese, avocado, cucumbers, tomatoes, bacon, egg
Served with your choice of our great house made gluten free salad dressings:
Danish Blue Cheese, Creamy Garlic, Herb Vinaigrette, Thousand Island, Mustard Honey
Please ask for no croutons and no bread

ENTREES

HICKORY GRILLED SIRLOIN 17

8oz center cut top sirloin, gorgonzola green onion butter, garlic mashers

TEXAS BEEF BRISKET 13

Authentic slow smoked BBQ Angus beef with Carolina Cole Slaw™ and french fries

ATLANTIC SALMON 16

Honey mustard glazed, blackened or grilled with roasted winter vegetables

HICKORY GRILLED PORK 'FILET MIGNON' 17

Smokehouse bacon, cider reduction, brown butter spiced sweet potatoes, skillet apples

GRILLED CHICKEN SUPREMES 13

BBQ and Supreme mustard sauces with Carolina Cole Slaw™ and french fries

SMOKED CHICKEN SAN ANTONIO 13

Roasted peppers, onions, garlic, brown rice, spicy black beans, queso cheese, scallions

HICKORY GRILLED FILET MIGNON 22

Simply grilled with a loaded baked potato

CHICKEN ROTI 13

Lemon herb seasoned semi boneless half chicken, brown rice, southern green beans

SLOW SMOKED DANISH BABY BACK RIBS 20

'Original' pork ribs, proprietary BBQ sauce with Carolina Cole Slaw™ and french fries

SLOW-COOKED PULLED PORK BBQ 11

Hickory pit smoked hand-pulled pork, Western or Eastern NC sauce

HARPER'S VEGETABLE PLATE 12

Roasted winter vegetables, spicy beans and brown rice, grilled asparagus
Please ask for no bread

HICKORY SMOKED BBQ CHICKEN 13

Slow smoked and wood grilled boneless double breast with Western NC sauce,
Carolina Cole Slaw™ and french fries

DAILY SCRATCH SOUPS 5

SUNDAY Santa Fe Chicken
TUESDAY Tuscan Bean
(please ask for no crouton)
WEDNESDAY Brunswick Stew
THURSDAY Spicy Black Bean
FRIDAY Vegetable Parmesan

IRON SKILLET SHARING SIDES

Roasted Winter Vegetables 6
Collard Greens 6
Skillet Apples 6
Twice Baked Beans 5

OTHER SIDES

Carolina Cole Slaw 3
Grilled Asparagus 5
Baked Sweet Potato 4
Spicy Beans and Rice 4
Garlic Mashers 4
Southern Green Beans 4
French Fries 4
Loaded Idaho Potato 5

DESSERT

Flourless Chocolate Cake 5
Ice Cream 4
Cappuccino 3
Espresso 1

ABOUT OUR GLUTEN FREE MENU

Every item is prepared from scratch in house using premium gluten free ingredients such as Lea and Perrins Steak Sauce, French's Worcestershire and Mustard, Hunt's and Heinz tomato products, Cattleman's BBQ Sauces, Duke's Mayo, Grey Poupon and Gulden's Mustard. Our tortilla chips are simply made with corn, water and lime. There is no beef or chicken base in any item on this menu. Our Flourless Chocolate Cake is made in house only with premium chocolate, Kahlua, butter, sugar, salt, eggs and vanilla.

Any sandwich on our regular menu may be ordered 'no bun' with the exceptions of Hickory Grilled Chicken (Tamari in marinade) and the Veggie Burger (oats).

Our French fries are not sprayed with modified food starch and are gluten free. However, our sweet potato fries are not gluten free.

Please feel free to ask your server or a manager if you have a question or concern with any item on this menu.

Robert Curtin **Darius Amidi**
Proprietor Chef

Your Satisfaction is Guaranteed.
18% gratuity included on parties of 6 or more

WINES

Please feel free to ask your server for recommendations and assistance.

PROPRIETOR'S SELECTIONS	HOUSE WINES by ROBERT MONDAVI 'WOODBIDGE'	GL / BTL
WHITE	Chardonnay, Sauvignon Blanc, White Zinfandel, Merlot, Cabernet Sauvignon	6 / 19
Torii Mor Pinot Blanc Oregon, 2005	SPARKLING	
Mer Soleil Chardonnay Central Coast, 2006	Domaine Chandon Brut NV, California	30
Franciscan Chardonnay 'Cuvee Sauvage' Carneros, 2004	Francois Montand Brut NV, France	6 / 30
Rombauer Chardonnay Carneros, 2008	Veuve Clicquot 'Yellow Label' Brut NV, France	60
Jordan Chardonnay Sonoma, 2007	WHITE	
Groth Sauvignon Blanc Napa, 2008	Sauvignon Blanc, Honig, Napa	9 / 30
Conundrum White Blend California, 2006	Sauvignon Blanc, Kim Crawford, New Zealand	34
RED	Pinot Gris, King Estate, Oregon	9 / 30
Jordan Cabernet Sauvignon Alexander Valley, 2005	Pinot Grigio, Danzante, Italy	7 / 24
Hess Cabernet Sauvignon 'Allomi Vineyard' Napa, 2006	Pinot Grigio, Ecco Domani, Italy	6 / 20
Franciscan Merlot Napa, 2005	White Blend, Sokol Blosser, Evolution, Oregon	39
B.V. Tapestry Napa, 2005	White Zinfandel, Beringer, California	6 / 19
Duckhorn Merlot Napa, 2005	Riesling, Shelton NV, Yadkin Valley	8 / 27
Two Hands Shiraz 'Angel's Share' McLaren Vale, 2007	Chardonnay, Penfolds 'Rawson's Retreat', Australia	6 / 19
Torii Mor Pinot Noir Willamette Valley, 2007	Chardonnay, Alamos, Argentina	8 / 26
Saintsbury Pinot Noir Carneros, 2007	Chardonnay, Chalone, Monterey	9 / 30
	Chardonnay, La Crema, Sonoma Coast	10 / 34
	Chardonnay, Kendall Jackson, California	9 / 30
	Chardonnay, Sonoma Cutrer, Russian River Ranches	39
	Chardonnay, Clos du Val, Carneros	11 / 38
	RED	
	Pinot Noir, Mondavi Private Selection, Central Coast	7 / 24
	Pinot Noir, Castle Rock, Monterey	8 / 26
	Pinot Noir, Erath, Oregon	11 / 38
	Pinot Noir, MacMurray, Sonoma Coast	9 / 30
	Pinot Noir, King Estate, Oregon	44
	Chianti (Sangiovese), Frescobaldi 'Castiglioni', Italy	9 / 30
	Shiraz, Penfolds 'Rawsons Retreat, Australia	6 / 19
	Shiraz, Penfolds Thomas Hyland, Australia	9 / 30
	Merlot, Castle Rock, Napa	8 / 26
	Merlot, Frei Bros, Dry Creek	9 / 30
	Merlot, Kendall Jackson, California	10 / 34
	Merlot, Red Rock, California	7 / 24
	Merlot, Swanson, Napa	45
	Cabernet/Merlot, Taltarni, Victoria, Australia	10 / 34
	Cabernet Sauvignon, Alamos, Argentina	8 / 26
	Cabernet Sauvignon, Chalone, Monterey	9 / 30
	Cabernet Sauvignon, Robert Mondavi, Napa	40
	Cabernet Sauvignon, Rodney Strong, Sonoma	11 / 38
	Zinfandel, Rancho Zabaco, Heritage Vines, Sonoma	8 / 26
	Zinfandel, Ravenswood, Lodi	31
	Ziinfandel, Rancho Zabaco, Heritage Vines, Sonoma	8 / 26

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