

GLUTEN FREE MENU

HARPER'S®

Locally owned and operated for over 20 years

STARTERS AND SMALL SALADS

HARPER'S DIPPING TRIO 9

Betty's Pimento Cheese™, three cheese spinach dip, wood-fired salsa served with warm corn tortilla chips

HOUSE POTATO CHIPS 8

quick fried hot potato chips with Danish Blue cheese sauce and crumbles, scallions

HOUSE STARTER SALAD 5

served with your choice of our great house made gluten free salad dressings: Danish Blue Cheese, Creamy Garlic, Herb Vinaigrette, Thousand Island, Mustard Honey
please ask for no croutons

CAESAR STARTER SALAD 5

tossed in our house made gluten free Caesar dressing
please ask for no croutons

BIG SALADS

HARPER'S HOUSE SALAD 8

served with your choice of our great house made gluten free salad dressings: Danish Blue Cheese, Creamy Garlic, Herb Vinaigrette, Thousand Island, Mustard Honey
please ask for no croutons add grilled chicken **11** add grilled shrimp **13**

CAESAR SALAD 8

tossed in our house made gluten free Caesar dressing
please ask for no croutons add grilled shrimp **12**

ORIGINAL GRILLED ORIENTAL 10

wood-grilled chicken, scallions, almonds, mushrooms, cucumbers, red peppers, tamari honey ginger
please ask for no fried wontons

GRILLED CHEF SALAD 10

mixed greens, jack and cheddar, avocado, cucumbers, tomatoes, bacon and egg served with your choice of our great house made gluten free salad dressings: Danish Blue Cheese, Creamy Garlic, Herb Vinaigrette, Thousand Island, Mustard Honey
please ask for no croutons and no bread

ENTREES

HICKORY GRILLED SIRLOIN 17

8 oz center cut sirloin, gorgonzola butter, mashed red potatoes

TEXAS BEEF BRISKET 14

authentic slow smoked BBQ Angus beef with Carolina Cole Slaw™ and french fries

ATLANTIC SALMON L 14 / D 18

honey mustard glazed, blackened or grilled with roasted vegetables

BBQ BRISKET TACOS two or three tacos 11 / 14

served with fresh corn tortillas and spicy black beans and rice

GRILLED CHICKEN SUPREMES 14

BBQ and Supreme mustard sauces with Carolina Cole Slaw™ and french fries

OMAHA FILET MIGNON 24

simply grilled with a loaded Idaho baked potato

OVEN ROASTED HALF CHICKEN 14

lemon herb seasoned semi boneless half chicken, brown rice, southern green beans

SLOW SMOKED DANISH BABY BACK RIBS 21

'Original' pork ribs, proprietary BBQ sauce with Carolina Cole Slaw™ and french fries

SLOW-COOKED PULLED PORK BBQ 14

hickory pit smoked hand-pulled pork, Western NC tomato based sauce or Eastern NC pepper vinegar sauce, Carolina Cole Slaw™ and french fries

HARPER'S VEGETABLE PLATE 12

roasted vegetables, spicy beans and brown rice, southern green beans
please ask for no bread

add a starter house or caesar salad to any entrée **3**

DAILY SCRATCH SOUPS 5

SUN Santa Fe Chicken
WED Spicy Black Bean
THU Chicken Tomatillo
FRI Colorado Chili
SAT Potato Cheddar

MARKET VEGETABLES / SIDES

Roasted Vegetables 6 / 4
Skillet Apples 6 / 4
Twice Baked Beans 6 / 4
Carolina Cole Slaw™ 4
Fresh Fruit 4
Southern Green Beans 5
Grilled Asparagus 5
Broccoli 4
Collard Greens 4
Spicy Beans and Rice 5
Mashed Red Potatoes 4
French Fries 4
Loaded Idaho Baked Potato 5

DESSERT

Flourless Chocolate Cake 5
Ice Cream 4
Cappuccino 3
Espresso 1

ABOUT OUR GLUTEN FREE MENU

Every item is prepared from scratch in house using premium gluten free ingredients such as Lea and Perrins Steak Sauce, French's Worcestershire and Mustard, Hunt's and Heinz tomato products, Cattleman's BBQ Sauces, Duke's Mayo, Grey Poupon and Gulden's Mustard.

Our tortilla chips are simply made with corn, water and lime.

There is no beef or chicken base in any item on this menu.

Our Flourless Chocolate Cake is made in house only with premium chocolate, Kahlua, butter, sugar, salt, eggs and vanilla.

Any sandwich on our regular menu may be ordered 'no bun' with the exceptions of Hickory Grilled Chicken (Tamari in marinade) and the Veggie Burger (oats).

Our French fries are not sprayed with modified food starch and are gluten free. However, our sweet potato fries are not gluten free.

Please feel free to ask your server or a manager if you have a question or concern with any item on this menu.

Mark Sienko
Proprietor

John Smith
Chef

Your Satisfaction is Guaranteed.
18% gratuity included on parties of 6 or more